



## Sport Science Specialist – Netball Netherlands National Team

### Overview:

As the Netherlands establishes its first ever national netball team, we are seeking a qualified and passionate Sport Science Specialist to join our performance team. This role will be instrumental in supporting the coaching staff with data-driven insights and providing athletes with tailored guidance to enhance physical preparation, recovery, and overall performance. You will play a key role in building a high-performance culture from the ground up, helping Dutch athletes thrive on the international stage.

Performance staff will be required to travel once per month to different cities across the Netherlands for a single full-day training session, typically held on a Saturday or Sunday. Additional travel may be required for matches, tournaments, or other team events throughout the season.

### Key Responsibilities:

- Collaborate with coaches to integrate sport science into training and competition planning
- Develop and deliver individualised athlete monitoring strategies, including strength and conditioning programs, load management, and recovery protocols.
- Provide nutritional advice and psychological support tailored to elite netball athletes.
- Monitor and track athlete development over time to ensure progression and performance readiness.
- Offer education to players on topics including injury prevention, mental resilience, recovery, and performance lifestyle.
- Maintain records and reports to share insights with coaching and medical staff.

### Requirements:

- Experience working with elite or high-performance athletes, ideally in a team sport setting.
- Skilled in using athlete monitoring systems, video analysis tools, and performance software.
- Knowledge of current trends in sports nutrition, psychology, and injury prevention.



- Strong communication skills and the ability to translate complex data into practical recommendations.
- Available to travel in the Netherlands once per month for in person training camps.
- Comfortable working remotely and flexibly between in-person sessions.

### How to Apply:

Send your CV and motivation letter to [netballnetherlands@outlook.com](mailto:netballnetherlands@outlook.com) by December 15th, 2025. Please specify which role you are applying for.